

Checklist for Mentees

Preparing for the Partnership

- Become familiar with the APEGBC Mentoring program and its objectives.
- Identify your personal and/or professional reasons for wanting to participate in this mentoring partnership.
- Be prepared to talk about your professional experiences, goals and challenges with your mentor.
- Have a list of questions that you would like to ask your mentor.
- Know what your mentor will expect and do during your mentoring partnership.
- Think through how you'd like your mentoring partnership to operate.
- Determine any limits to set (e.g., maximum amount of time you can spend).
- Review the competency based assessment system to determine where you currently stand and need to focus. *(At this time the competency based assessment system only applies to EIT's and Applicants).*

Implementing the Mentoring Partnership

- Invite your mentor to meet with you in person or by phone.
- If possible, obtain more information about your mentor prior to meeting.
- Look over the APEGBC Mentoring Program Guidelines to become familiar with the program and resources available. (The guideline has an agenda/meeting minutes template that most matches utilize in their second or third meeting).
- During this meeting, anticipate and encourage questions.
- Discuss the mentoring partnership in detail. (APEGBC has an optional Mentoring Partnership Agreement document available on their website for matches to use if they choose).
- Go over your goals and objectives and be prepared to discuss them with your mentor.